Fear is a habit. Each time you want to speak up and you do not, it becomes a little easier next time to stay silent.

The great news is that courage is also a habit. Each time you speak up, even when you’re afraid, it becomes a little easier next time to not stay silent.

The best line of defense for children is their parents. We hope this guide empowers you to engage with your school’s administration and be your child’s biggest advocate.

Courage is a habit.
HOW TO USE THIS GUIDE

Step 1: Select 2-4 questions and schedule an in-person meeting with your principal or superintendent. Ask them your questions and observe how they answer. If they will not answer directly that will give you an indication that you should dig a little deeper.

Step 2: Schedule a follow-up a month or two after your initial meeting, and present another 2-4 questions from this list.

Step 3: Share concerning information with other parents in the community and plan to attend a school board meeting together. There is strength in numbers!

Step 4: Finally, be on the lookout for more helpful emails containing additional information on each question and what you should do next.
1. Do you use in-class surveys to collect data on students? Can I have a copy or see the survey in its entirety? Can I opt my child out of these surveys?

2. Are your restrooms and/or locker rooms inclusive, e.g., if a male identifies as a female, can they use the facility they identify with?

3. Do you allow your students to choose their preferred pronouns? If so, do you notify parents if a child chooses a pronoun other than what is used at home? How long does it take you to notify a parent if this occurs?

4. Are there any books that contain gender ideology or sexual orientation themes in the elementary and/or middle schools? Can any child check these books out?
5. Do you notify parents before a student receives services from a school counselor? Are there any circumstances where you would not notify a parent before they received counseling services? If so, what are they?

6. Have you provided or recommended any “Antiracism, Implicit or Unconscious Bias Training” as professional development for your teachers? If so, what companies have you hired for the training and how much did you pay them? If this training was provided or recommended, what specific events occurred for you to feel your teachers needed this training?

7. What books have you required or recommended teachers read or assign to students? Can I have a list of those books?
8. Do you use Comprehensive Sex Education (CSE)?

9. Do you use restorative practices for behavior management?

10. Do you have a Diversity Inclusion Equity (DIE) officer? If so, what problems are they trying to solve? What criteria do they have to meet before you determine they have been successful?

“The philosophy of the school room in one generation will be the philosophy of government in the next.”

Abraham Lincoln
APPENDIX

The following links provide additional context for several of the questions above.

Question 1: The Data Mining of America’s Kids Should Be a National Scandal
Question 2: No More Single Sex Bathrooms in Chicago Public Schools
Question 3: PREFERRED GENDER PRONOUNS: A QUICK OVERVIEW
Question 4: School Board Puts the X-Rated in #FairfaXXX
Question 5: School Districts Are Hiding Information
Question 8: Children’s Sex Book
Question 9: Restorative Justice Is Unfair to Students Who Want to Learn
Question 10: Critical Race Theory’s new disguise
Share courageisahabit.org with your family, friends, and fellow concerned parents. Make courage a habit in your community.

Follow and engage with us below.